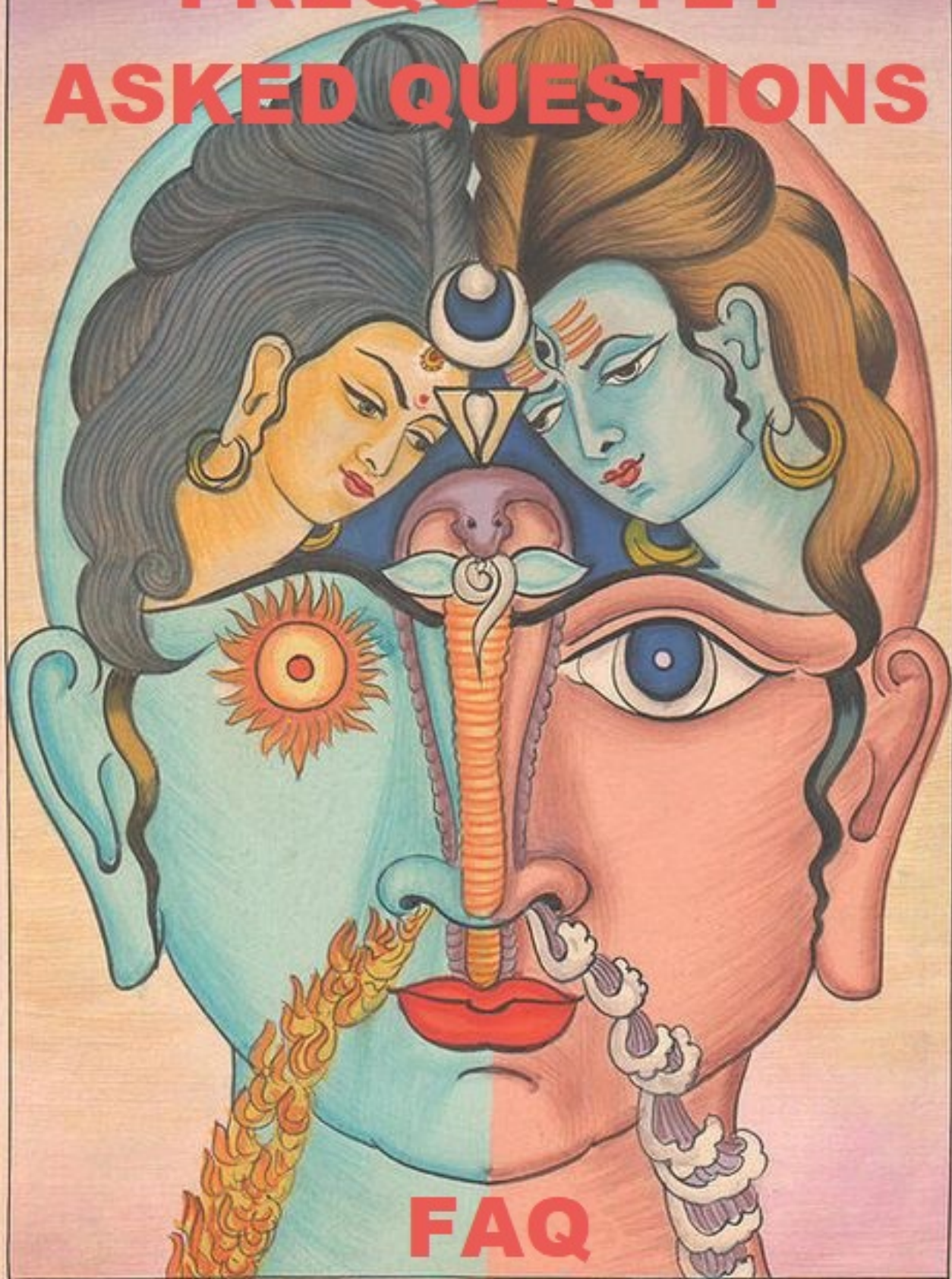


# FREQUENTLY ASKED QUESTIONS



**FAQ**

Below, for your convenience, is a list of questions and answers based on inquiries we tend to receive regularly from people who contact us about our Sacred Plant Ceremonies.

1. Is this Ayahuasca?
2. Is the effect of your brew the same as that of Ayahuasca?
3. What about the long-term effect? Are the plants you use as transformative as Ayahuasca?
4. Are the plants you use legal?
5. Is it legal to drink Ayahuasca in ceremony if you're a church and you're using it for religious purposes?
6. What are the names of the plants in your brew?
7. How much research has been done on these plants?
8. What are the pharmacological properties of the plants you use?
9. Does your brew contain kava, bufo, 5-MEO, cacao, acacia,, cannabis, San Pedro, peganum harmala or psilocybin mushrooms?
10. What does your brew taste like?
11. How much experience have you had with other Sacred Plants?
12. Are these plants safe?
13. What intention is best for me to hold in preparing for this experience?
14. Do people purge on these plants like they do on Ayahuasca?
15. How dangerous is it to mix CBD and/or Rx medications with these plants?
16. Does taking antidepressants, anti-anxiety meds, or blood pressure medicine preclude me from participating?
17. How many people participate in a ceremony at the same time?
18. Is it possible to have a private ceremony, and if so, what does that entail?
19. How many ceremonies should I attend? Is it better to do more than one?
20. If I want to do 3 ceremonies in the course of 3 days, is that possible?
21. May a non-participating friend or family member come with me to either witness the ceremony or remain on premises throughout?
22. If I get fearful or anxious during the ceremony, will there be someone there to help me?
23. Will I be able to drive afterwards?
24. I noticed a rather disturbing 1-star review about you folks online. What's that about?
25. Is it important to spend the day after the ceremony resting?
26. How much does it cost to attend a ceremony?
27. How do I submit my donation?

## 1. Q. IS THIS AYAHUASCA?

**A.** To be clear, the term "ayahuasca" is the hispanicized spelling of a Quechua word used to describe a particular psychotropic plant and the home-brewed tea made with this plant and one or more other interactive plants that grow in the Central and South American regions of the Amazonian rainforest. Although we do grow South American ayahuasca on property as a sort of novelty, the brew we serve as sacrament contains a distant plant relative of ayahuasca, a plant which is indigenous to Hawaii and the Pacific islands rather than to South America. The plants we use activate the same brain receptors as Amazonian ayahuasca only differently; they are entheogenic (i.e., psychoactive, psychotropic and hypnagogic, while inducing a spiritual experience aimed at, literally, "becoming one with God.") These plants have been celebrated for their healing and visionary effects in ceremonies for over a thousand years in Hawaii and throughout the Southwest Pacific Rim where they have been also used as part of an esoteric ritual to worship Spirit as well as ancestors.

## 2. Q. IS THE EFFECT OF YOUR BREW THE SAME AS THAT OF AYAHUASCA?

**A.** The natural intelligence of our plants and that of ayahuasca to work with you and bring forth the healing that your spirit is ready to receive is the same. Each of these preparations contains the potential to assist in deep heart opening with clarity of insights, integration, and expansion of consciousness. They offer an opportunity to open the door to deeper expressions of love and acceptance, and allow space for you to connect in the wholeness of your place in the world.

Like ayahuasca, our plant preparation also sometimes induces purging (“making well”), which allows the person drinking the brew to release energies that have been living in or with them, energies which no longer serve and which they are ready to release in order to move into greater inner peace.

The main differences between our brew and South American ayahuasca are the energetic planes in which all this occurs. Our brew is heart-centered and can prompt a physical and emotional experience often accompanied by feelings of peace, oneness, wholeness and belonging. Although it does not induce the intense hallucinations as ayahuasca, it opens the opportunity for inner visions and a deep, inner experience of heart, in which to bring about transformation in alignment with your own readiness. Where ayahuasca can open the gates to the possibility of spaces that can be both pleasant and/or unpleasant in softness and/or extremes, our brew works through a calm inner space, “the Eye of the Storm,” and works primarily through the channels of the heart, of feeling, and of one’s presence with inner knowing.

Below is an email excerpt from a first-time participant who had this to say about his experience:

*“I just wanted to thank you for inviting me into your home  
and sharing the plant medicine with me.*

*It was a truly changing experience, and I have carried it with me back home,  
back to my ‘regular’ life and career. These things don’t feel so regular anymore, though.  
I am excited about my life and the world in a way I haven’t been since I set out for college  
almost 20 years ago. Truly, thank you for your guidance and for being so warm and welcoming.  
If I’m ever back on the island, I’ll be sure to say hello!”*

## 3. Q. WHAT ABOUT THE LONG-TERM EFFECT? ARE THE PLANTS YOU USE AS TRANSFORMATIVE AS AYAHUASCA?

**A.** Sacred plant ceremony experiences can be as diverse as the people who choose to have them. Those who participate with us and drink our brew often find that integrating the information and perspectives they glean comes naturally and easily in a direct, flowing and connected manner. Often the resulting transformation in their lives takes time to settle and flows into various aspects of their careers, direction, relationships, and the like over the course of months or even years.

The same is true with ayahuasca although a lot of ayahuasca’s intensity can be challenging for people to integrate in their day-to-day lives. The plant teachers we work with, as far as the potential shifts that they may present, are often clear, simple and more straightforward. Not everyone will necessarily experience these results. It depends on your own connectedness with the plants, and on your readiness to receive at the time when you partake in ceremony.

As with any healing, based on plants or otherwise, true forward movement takes place as we integrate the lessons and experiences from ceremony into our own lives, doing the work day by day to connect what we have received in ceremony with the way that we truly want to live.

The following description was offered by one of our guests:

*“These plants are intelligent. I've done ayahuasca retreats before in Peru, Spain and the USA, and the experience was always great, but in the end I wondered what happened and where it all went. With this brew, this ceremony, I felt very creative and couldn't stop writing. I wrote 7 pages in my personal journal, and all my questions got answered. It was amazing!”*

#### **4. Q. ARE THE PLANTS YOU USE LEGAL?**

**A.** Yes, that's the beauty of what we offer. The Earth is a treasure trove of psychoactive activity. Where South American ayahuasca is a controlled, Schedule 1 substance (on par with heroin) in the USA and most countries, and where possession of an ayahuasca brew is a felony punishable by imprisonment in Hawaii, in most countries, and in the majority of the United States, the plants we use are not currently suppressed by law enforcement nor regulated by the Drug Enforcement Administration (DEA). At least for the time being, they are not illegal to possess, consume and/or distribute.

#### **5. Q. IS IT LEGAL TO DRINK AYAHUASCA IN CEREMONY IF YOU'RE A CHURCH AND YOU'RE USING IT FOR RELIGIOUS PURPOSES?**

**A.** Not exactly! In spite of the fact that religious use of entheogens (plant teachers) is protected by the First Amendment of the US Constitution and by the Religious Freedom Restoration Act of 1993 (RFRA), the Federal regulations that codify these documents make it legal “if and only if it is legal in the jurisdiction.” This puts the burden of legality onto the States, which must then have language in their State Constitutions that co-parallel the language of the US Constitution. Most states (Hawaii among them) do not have such language. This makes the legal use of scheduled entheogens for spiritual purposes -- and their importation and/or distribution -- arguable, at best, in court in most states.

#### **6. Q. WHAT ARE THE NAMES OF THE PLANTS IN YOUR BREW?**

**A.** Depending on the season and availability, we work with a combination of strains from a variety of Hawaiian and Pacific island plants that grow wild in nature. The active ingredients in the plants are called "alkaloids." These act on the same brain receptors as South American Ayahuasca and synthesize with one another to potentiate their various psychoactive, psychotropic, and entheogenic properties.

In 1998, when Dr. ZZ first started drinking ayahuasca and was studying Hawaiian plants with a ninth generation kahuna (medicine man) on the island of Maui, she was asked not to share the names of the plants over which she was granted stewardship. Because much of what has led to the criminalization of ayahuasca currently is related to its fast-growing, worldwide popularity, we hold sacred the stewardship we have been granted and maintain the names of the species and alkaloids we work with as proprietary.

## **7. Q. HOW MUCH RESEARCH HAS BEEN DONE ON THESE PLANTS?**

**A.** Since none of the plants are controlled substances in the US, scientific information about their effects is limited. Our shamans, however, have been researching entheogens and the 150 uses of each of Hawaii's 150 trees and plants for close to twenty-five years. Most of our knowledge regarding the plants we use comes from anecdotal reports from our own and others' experiences. We know of no controlled clinical trials conducted to determine how beneficial or harmful these plants are for human consumption.

## **8. Q. WHAT ARE THE PHARMACOLOGICAL PROPERTIES OF THE PLANTS YOU USE?**

**A.** The challenge of explaining the plants' pharmacological properties without a wealth of scientific study is complex with a multitude of aspects, to which there are no quick and easy answers. Like ayahuasca, the plants we use are related to the coffee tree although their alkaloids are more closely related to ergot (fungi) alkaloids. The true hypnagogic properties are yet to be fully understood. A reasonable theory is that both ayahuasca and the trees we use work on the same 5-HT<sub>2A</sub> receptor, a subtype of the 5-HT<sub>2</sub> receptor, which belongs to the serotonin receptor family and is predominantly expressed in the brain.

## **9. Q. DOES YOUR BREW CONTAIN KAVA, BUFO, 5-MEO, CACAO, ACACIA, CANNABIS, SAN PEDRO, PEGANUM HARMALA OR PSILOCYBIN MUSHROOMS?**

**A.** No, the psychoactive properties of our brew are attributed to the interaction of lesser explored, indigenous Hawaiian plants, the alkaloids of which combine to create the entheogenic effect.

## **10. Q. WHAT DOES YOUR BREW TASTE LIKE?**

**A.** The brew doesn't taste bad although it is slightly sour or bitter; so we serve water alongside the tea for people to use as a "chaser" or to use in creating their own diluted blend. Most guests remark that the brew itself is pleasant tasting or, at worst, palatable.

## **11. Q. HOW MUCH EXPERIENCE HAVE YOU HAD WITH OTHER SACRED PLANTS?**

**A.** Having been part of the 1960's "Summer of Love" generation, our shamans have experienced a fair share of sacred plant chemistry. For 30 years (1998 -2017), Dr. ZZ studied the plants in our brew while also doing extensive research into "Cielo Yellow" (Broad Leaf) and "White Queen" strains of South American ayahuasca on Maui, on the Big Island, and in California. Starting as early as 1998, she was certified by Kai' Po Kaneakua (the "Medicine Man of Hawai'i") as "Farmer of Herbs and Minerals from the Land" while she simultaneously led the charge in the study of Hawaiian hypnagogic entheogens. This was long before Lindsay Lohan spawned the current interest in ayahuasca circa 2004, when she announced on public television that she had been to the Amazon, had worked with the shamans there, and had drunk the ayahuasca brew, which she credited with turning her life around 180 degrees.

## 12. Q. ARE THESE PLANTS SAFE?

**A.** We have no reason to believe that the plants we use in the amounts we serve them are unsafe for anyone of good health. Some of the chemicals found in the plants, however, are known to interfere with drug-metabolizing enzymes in the liver and, when taken together with certain drugs or medications can cause stressful or toxic interactions. Although we are not pharmacists or medical doctors, we attempt to disclose all questionable drug- and medication- interactions on our application form and advise everyone to (1) avoid consuming tobacco, alcohol and recreational drugs -- including marijuana -- for 1-2 weeks before ceremony, (2) avoid absolutely all alcohol and Tylenol® for at least 24 hours before and after ceremony, and (3) consume no other entheogens, particularly ayahuasca, for at least 2 weeks before and afterwards. Much of this is to encourage a deeper experience of the plants without setting oneself up for an otherwise inevitable purge or lack of effect. To date, no one has ever reported any damaging effects from the brew we offer. If you have any reservations whatsoever, we advise that you consult with your physician about possible complications and precautionary measures before joining us.

## 13. Q. WHAT INTENTION IS BEST FOR ME TO HOLD IN PREPARING FOR THIS EXPERIENCE?

**A:** The best intention to have is that of openness -- to come prepared to experience something fresh and new, and to allow the experience to unfold without your trying to “make it conform” to something you’ve read about or heard about or expect in any way. An innocent, playful attitude is most advantageous.

## 14. Q. DO PEOPLE PURGE ON THESE PLANTS LIKE THEY DO ON AYAHUASCA?

**A:** One of the most publicized effects of plant medicines is the purgative effect that has to do with the bucket beside each guest’s space. In cultures whose rituals include plant medicines, physical and mental purging are considered to be a form of physical and spiritual cleansing and “making well.” According to those indigenous traditions, purging can occur through a number of means, including crying, shaking, sweating, vomiting and/or diarrhea. Because our plants carry less of a physical load than most forms of ayahuasca, only a third to half of our guests end up using their buckets.

## 15. Q. HOW DANGEROUS IS IT TO MIX CBD AND/OR Rx MEDICATIONS WITH THESE PLANTS?

**A.** It all has to do with how the body metabolizes medications. When you swallow a dose of a CBD or a pharmaceutical drug, the substance passes through the digestive tract and liver where enzymes break it down. The most significant of these enzymes for drug metabolism is the cytochrome P450 (CYP450) family of enzymes, which actually destroys most of the medication, allowing only a small fraction -- approximately 10 percent -- of the active ingredient(s) to pass into the bloodstream.

The plants we work with inhibit the actions of CYP450 enzymes and, although the exact mechanism of this is not yet fully understood, they bind to the active sites of the enzymes, making them less available -- or possibly not available -- to bind to medications or to break them down. This could be potentially hazardous as a much larger dose (possibly an overdose?) of a medication could make it past the liver and into the bloodstream. Moreover, these effects do not simply go away within a few hours. Once the plants bind to the enzymes, they stay bound up for several days, resulting in a necessary waiting period before the body creates a new batch of CYP450 enzymes.

Studies have not yet been conducted to show how long the plants we use inhibit CYP450 enzymes. They have, however, been conducted on the effects of grapefruit and grapefruit juice on CBD and drug metabolism. Grapefruit binds up CYP450 enzymes in a similar way to our plants, taking about 24 hours after the ingestion of grapefruit for the body to regain approximately 50% of the enzymes that had been available before ingestion. At 48 to 72 hours, the body will have formed all new enzymes, and CBD or drug metabolism returns to normal. Therefore, it's not a simple matter of timing doses by a few hours to avoid these effects. It may take as much as 3 days before enzyme levels return to normal.

Moreover, the plants we use are known to be more potent at binding CYP450 enzymes than grapefruit. Therefore, we recommend that anyone who takes CBD in any form (THC, cannabis, marijuana, CBD oil, gummy bears, etc.) clear their system of all such substances for 2 weeks before joining us for ceremony.

Likewise, we recommend that anyone who has been prescribed a pharmaceutical medication by a licensed physician -- especially a medication that carries the warning, ***“Avoid eating grapefruit or drinking grapefruit juice while taking this medication”*** -- err on the side of caution and consult with their physician about potential interactions, other possible complications, and precautionary measures before joining us.

## **16. Q. DOES TAKING ANTIDEPRESSANTS, ANTI-ANXIETY MEDS, OR BLOOD PRESSURE MEDICINE PRECLUDE ME FROM PARTICIPATING?**

**A.** We used to discourage anybody who was taking pharmaceuticals of any kind from attending our ceremonies, but people begged and pleaded to such an extent that we began allowing people who took pharmaceutical medications to participate on the basis of their signing a separate, additional waiver. This was essentially to remind them that they were 100% responsible for their own well being, and that we had advised them to consult with their own healthcare team before making the decision to join us.

Since implementing this approach, we have hosted people on a variety of different medications -- antidepressants, anti-anxiety medicines, statins, blood pressure meds, cancer drugs, and even HIV medications. Without exception, we have never seen any of them have anything but a positive experience. The community hospital is only 2 miles north of us, and we have never had to take anyone there during or after a ceremony. No one has ever voiced even a modicum of concern.

For this reason, on our application form, we ask for an honest and thorough list of all recreational and/or pharmaceutical medications you may be taking. Chances are, you will be allowed to join us regardless. You may also be asked to sign a medication-specific waiver in advance of participating.

## **17. Q. HOW MANY PEOPLE PARTICIPATE IN A CEREMONY AT THE SAME TIME?**

**A.** Our minimum circle size is two (2) plus two Shamans; our maximum is eight (8). We average 2 - 3 guests at slower times of the year and 4 - 5 during the busier months.

**18. Q. IS IT POSSIBLE TO HAVE A PRIVATE CEREMONY, AND IF SO, WHAT DOES THAT ENTAIL?**

**A.** Because our minimum circle size is two (2), it is quite possible to find yourself in a semi-private ceremony with only one other individual + two shamans. Should you want to secure a particular Sunday evening for a private ceremony for which we turn other guests away, we would need to ask that you meet a minimum charitable contribution threshold of \$1,250 - 1,500.

**19. Q. HOW MANY CEREMONIES SHOULD I ATTEND? IS IT BETTER TO DO MORE THAN ONE?**

**A.** You may attend as many ceremonies as you'd like, and yes, the deepest involvement comes from building upon multiple experiences as you integrate the work and come to understand the plants. You may also participate in ceremonies in conjunction with our various other shamanic programs

The greatest opportunity for personal and spiritual growth comes from combining Sacred Plant Ceremonies with our 10-day to 2-week Shamanic 'Life Purpose' Rebirth, after which you are offered an opportunity to become certified as a Healer / Medicine Woman / Medicine Man in affiliation with our parent church, the New Haven Native American Church (NHNAC). If the 10-day to 2-week program doesn't interest you, the next best approach is to combine a Sacred Plant Ceremony with a one-on-one, individually-delivered private session with Shaman.

**20. Q. IF I WANT TO DO 3 CEREMONIES IN THE COURSE OF 3 DAYS. IS THAT POSSIBLE?**

**A.** You are more than welcome to participate in as many of our ceremonies and/or shamanic offerings as you wish although there is no benefit to ingesting our brew in daily succession, and ceremonies take place on Sundays only. Because it takes several days for the body, mind and spirit to assimilate the effects of the plant combinations we work with, the once-a-week ceremonial rhythm is most beneficial.

**21. Q. MAY A NON-PARTICIPATING FRIEND OR FAMILY MEMBER COME WITH ME TO EITHER WITNESS THE CEREMONY OR REMAIN ON PREMISES THROUGHOUT?**

**A.** No, for the sake of the energy surrounding the ceremony, that is not allowed. If your friend or family member would like to join you in a shamanic activity that does not involve Sacred Plants, they may enjoy a private Shamaic Session, an Art Awakening, or an Eco-adventure/Mystic tour instead.

**22. Q. IF I GET FEARFUL OR ANXIOUS DURING THE CEREMONY, WILL THERE BE SOMEONE THERE TO HELP ME?**

**A.** The plants we use are based in Unconditional Love (432 Hz), not in fear or anxiety. No one on our watch has ever complained of or reported a fearful experience. To the contrary, people generally find the plants to be peaceful, healing and deeply soothing. Shaman sits in the circle throughout the entire evening; so if you find yourself to be an exception to the above for some reason, you are welcome to approach him at any time to ask for advice, guidance, assistance and/or reassurance.



### 23. Q. WILL I BE ABLE TO DRIVE AFTERWARDS?

A. Indeed! The effects of the ceremony last for only 3 - 4 hours; then we have porridge and group sharing for another hour or so; most people feel quite confident to drive at that point. No one, however, is allowed to get behind the wheel of a motor vehicle without Shaman's also feeling confident that that is a wise choice. Likewise, no one is allowed to drive further than 20 miles (30 minutes) afterwards. We have never had anyone stay with us much beyond midnight before driving away in the end.

### 24. Q. I NOTICED A RATHER DISTURBING 1-STAR REVIEW ABOUT YOU FOLKS ONLINE. WHAT'S THAT ABOUT?

A. The internet can be a hostile place where facts and truth no longer seem to matter. The "review" you are referencing is intentionally false, defamatory and mean-spirited. It was written by "clearriverofsprit," the girlfriend of a criminally-disturbed individual who came to volunteer for us in 2015 and was asked to leave when he got violent only a few days after arriving. The police intervened, the fellow left under his own recognizance, and shortly afterwards, we were granted a Restraining Order and an Injunction Against Harassment from the Third Circuit Court in the State of Hawaii.

A few months after our receiving the Restraining Order, the subject individual left Hawaii and became obsessed with gang-stalking and cyber-bullying us online, posting revenge "reviews" wherever he could. Complicated by the fact that he was homeless and without a physical address for several stretches, the Hawaii Police Department found it cost-prohibitive to enforce the Restraining Order across State lines. They advised us to simply ask the various website owners involved to delete the disparaging reviews and comments.

Almost all the website owners we have contacted have been remarkably cooperative in removing the reported content. One website owner, however, took immediate exception to our asking and requested instead that we allow him to contact the cyber-bully while being prepared to reimburse him financially upon his convincing the perpetrator to remove the revengeful review. Upon our refusing to agree to his terms, which felt to us like extortion, he became did the following:


1. Took aim at us, thereby besmirching our character in what developed into a full-fledged, one-sided, online dispute, the contents of which are exclusively under his control;
2. Blocked us from being able to log on to the website and/or defend ourselves regarding the "review" and his onslaught of accusations, leaving us no right or avenue of reply;
3. Blackballed any and all of our subsequent guests who have since joined the website and attempted to credit us with honest, positive reviews;
4. Accused us of violating the website's mythical "terms of service" at a time when the one and only guideline on the website's Terms of Service & Privacy Policy page was: "Terms and Privacy Policy are coming soon."

Home Categories ▾ Highest Rated Most Popular Most Affordable ▾ Search ▾ Dashboard ▾ Log In / Register

## Terms of Service & Privacy Policy

Terms of Service & Privacy Policy

Unfortunately, legal jargon is necessary and even required by law in some parts of the world. So please just know that we're not trying to sneak anything by you (we made the font nice and BIG). So if you see anything that rubs you the wrong way or seems suspicious, by all means, please feel free to **let us know about it**.



Terms and Privacy Policy are coming soon.

Meanwhile, the above-mentioned perpetrator and his girlfriend continue to accuse us online of all sorts of crimes and unusual behaviors. Most recently, with the assistance of free online Smart Phone apps, they have begun mimicking our Caller ID and telephoning random, potential guests in the shamanic and sacred plant ceremony communities, spewing offensive language. We can but warn those who follow Muaisa Hale Pule to cross-check any online videos, questionable claims and/or defamatory reviews you may find of us and report any suspicious phone calls from a Caller ID that displays our name and phone number. The only legitimate person making telephone calls from our phone number is Dr. ZZ, and she makes a practice of not telephoning anyone who doesn't first contact her requesting information.

For anyone who encounters any of these toxic reviews and remains skeptical, we have a phone tree of women who have been to Muaisa Hale Pule, have completed programs with us, and have willingly volunteered permission to have others telephone them for their honest, first-hand opinions. If -- in order to settle your heart on this matter -- you would like access to this phone list, please let us know.

#### **25. Q. IS IT IMPORTANT TO SPEND THE DAY AFTER THE CEREMONY RESTING?**

**A.** You will be able to spend the day after the ceremony however you wish. Many people enjoy allotting time for integration and journaling or contemplation; the general consensus is that you will wake up the next day feeling relaxed and mellow.

#### **26. Q. HOW MUCH DOES IT COST TO ATTEND A CEREMONY?**

**A.** We cannot emphasize enough the fact that Muaisa Hale Pule does not engage in commerce. Rather, all services we provide are spiritually-focused and are offered at no charge with no admission fees. Upon meeting certain tax-deductible, charitable contribution thresholds, donors are invited to participate in our programs, none of which are sold in commercial transactions outside the donative context. No monies whatsoever are transacted "in exchange" for any goods, services, promises or entitlements.

Our minimum charitable contribution threshold for being granted participation in one of our Sacred Plant Ceremonies is \$350 US. If you happen to use a third-party organization like Retreat.Guru or RetreatNetwork.com to communicate with us initially, a portion of your gift goes to pay that organization a 14 - 15% commission. If you choose, that percentage can be submitted to us as part of your tax-deductible, charitable contribution, and we will pass it along to the appropriate agency as required.

#### **27. Q. HOW DO I SUBMIT MY DONATION?**

**A.** You may submit your 501(c)(3) charitable contribution to our 'Gifting Fund' via any of the 3 avenues (Venmo, PayPal or Bank Wire) outlined at the following link:

[https://www.muaisa.org/files/ugd/c75e94\\_ef713b17b3e74deab7b30bfce8a5a710.pdf](https://www.muaisa.org/files/ugd/c75e94_ef713b17b3e74deab7b30bfce8a5a710.pdf)

Upon receipt, we will issue you a tax-deductible receipt that you may then take to your tax-preparer when it comes time to file for income tax deductions.

In order to attend one of our Sacred Plant Ceremonies, you will also need to send us the list of items on the next page via email to [muaisa@yahoo.com](mailto:muaisa@yahoo.com):

- (1) A completed application form,
- (2) Your signed waiver,
- (3) A scan of your photo ID,
- (4) A real-time, in-the-moment head & shoulders selfie that you take specifically for this purpose (nothing from your fills, please!) with eyes unobstructed (no glasses), looking into the camera lens.



We trust that the information in this document and in our Ceremony Guidelines pdf, which is downloadable on our website and available as a pdf form by email, will answer most of your questions and concerns.

Application and waiver forms are downloadable on our website at the following link:

<https://www.muaisa.org/application-forms>

If there is anything we have overlooked, or if you care to book our 10-day Shamanic 'Life Purpose' Rebirth, please refer back to the website, or else contact us via the phone number below.

*We look forward to having you join us!*

Jack 'Golden Feather' and ZZ

<http://www.muaisa.org>

email: [muaisa@yahoo.com](mailto:muaisa@yahoo.com)

tel. +1 808 323 3238